

Name: \_\_\_\_\_

Per: \_\_\_\_\_

## What's Your Learning Style?

Choose the best answer that comes to mind, then circle a. b. or c. (Don't spend too much time thinking!)

1. When you study for a test, would you rather...
  - a. Read notes and look at illustrations
  - b. Have someone ask you questions
  - c. Write things out on flash cards or take notes
  
2. Which of these are you most likely to do when you listen to music:
  - a. Daydream or see things that go with the music
  - b. Hum or sing along
  - c. Move with the music – tap your foot or move around to the beat
  
3. When you work to solve a problem would you most likely...
  - a. Make a check off list
  - b. Talk to friends or experts to help you solve it
  - c. Walk through all the steps in your mind
  
4. When you read for fun, do you prefer
  - a. A magazine or travel book with lots of pictures
  - b. A mystery book with lots of conversation
  - c. A book where you answer questions and solve puzzles
  
5. To learn how a new computer works, would you rather
  - a. Watch a video on it
  - b. Listen to someone explain it (like in front of the class)
  - c. Get on the computer and just try and figure it out yourself
  
6. What kind of a restaurant would you rather **NOT** go to:
  - a. One with the lights too bright
  - b. One with the music too loud
  - c. One with uncomfortable chairs
  
7. Would you rather go to...
  - a. An art class
  - b. A music class
  - c. An exercise class
  
8. Which are you most likely to do when you are happy?
  - a. Grin
  - b. S
  - c. Shout for joy
  - d. Jump for joy
  
9. When you tell a story, would you rather...
  - a. Write it
  - b. Tell it out loud

- c. Act it out
10. What is most distracting for you when you are trying to concentrate in a classroom?
- a. Visual distractions
  - b. Noises
  - c. Other things like being hungry, or worrying, or your feet hurt
11. What are you most likely to do when you are angry?
- a. Scowl, pout, and look unhappy
  - b. Shout and yell
  - c. Stomp off and slam doors
12. When you aren't sure how to spell a word, which are you most likely to do?
- a. Write it out and see if it looks right
  - b. Sound it out
  - c. Write it out and see if it feels right when you write it
13. Which are you most likely to do when standing in a long line at the movies?
- a. Look at the posters advertising other movies
  - b. Talk to the person next to you
  - c. Tap your foot or move around some other way

Count up all your a's: \_\_\_\_\_

Count up all your b's: \_\_\_\_\_

Count up all your c's: \_\_\_\_\_

**1. Mostly A's - Visual Learner: (Reading, Writing, or Visual from first survey)**

**2. Mostly B's - Auditory Learner: (Listening and Speaking from other survey)**

**3. Mostly C's - Kinesthetic/Tactile (Hands on / Kinesthetic / Manipulating)**

**Now see the explanation sheet for the ways you can best study using your top learning styles.**

## Learning Styles Survey Results: How your brain best learns...

Use these classroom and study tips for your #1 learning style:

### 1. Mostly A's - **Visual Learner:** (Reading, Writing, or Visual from first survey)

- Take good notes
- Highlight your notes
- Rewrite your notes in a way you can remember them
- Put designs, and markings on your notes
- Watch a video or use online sites
- Sit in front of class
- Close your eyes to visualize something during a test
- Try making flashcards
- Study in a quiet place and don't have T.V. and other distractions

### 2. Mostly B's - **Auditory Learner:** (Listening and Speaking from other survey)

- Have someone quiz you outloud
- Read outloud and summarize it outloud
- Take notes in class
- Make flashcards and do them outloud
- Talk to other students or expert to help you
- Sit in class where you can hear well

### 3. Mostly C's - **Kinesthetic/Tactile** (Hands on / Kinesthetic / Manipulating)

- Pace/walk around while you study
- Take frequent study breaks for just 3-5 min.
- Make flashcards
- Close your eyes and write the information in the air with your finger
- Picture words in your head
- Write facts you need to know several times
- Keep scratch paper handy
- Take class notes and recopy them for study notes
- Try to associate class material with real life events
- In class, keep a koosh ball for something to do with your hands
- In a class, sit where you can get up or move a little

**YOUR ASSIGNMENT:** On typing paper show your #1 learning style.

- Your #1 learning style (if you have a tie, you can choose 1, or do both)
- Study and classroom tips you feel would most work for you
- Pictures, color, decoration